



**XXX SUUNTO GAMES in ESTONIA**  
**September 29-30, 2018**  
**OOTSIPALU, PÖLVAMAA**



#### **PROGRAM**

##### **Friday, September 28th**

Training opportunity from 13.00-15.00 Nohipalu, RMK Valgjärve puhkekoht ([link](#))  
Please call +372 5256695 to agree on when and where to get the maps.

##### **Saturday, September 29th – long distance (WRE in MW21E)**

11.00 Competition centre open  
13.00 First starts

##### **Sunday, September 30th – shortened long distance**

09.00 Competition centre open  
10.00 First starts  
13.45 Prize giving of the first day  
14.00 Prize giving of Suunto Games

Competition center is located both days in Ootsipalu. Location: [MAP \(link\)](#).

#### **ORGANIZERS**

Väraska Orienteering Club Peko – Pikk 48, Väraska, Setomaa vald 64001  
Estonian Orienteering Federation – Kalevi 9b, Türi 72213.

Head organizer:	Raul Kudre	+3725256695	raul48@hotmail.ee
Time keeping:	Einar Raudkepp	+3725051047	einar@sesame.ee
Event office:	Mare Parve	+3725159915	mare.parve@gmail.com
Course setter:	Madis Oras		
Course inspector:	Rein Zaitsev		
Home page:	www.peko.ee		

## EVENT ADVISOR

IOF ja EOF event advisor: Tõnis Jürimäe

## RULES

Competition follows Estonian Orienteering Federation competition rules:

[http://www.orienteerumine.ee//eol/failid/2018/EOLvoistlusreeglid\\_2018\\_korrigeeritud14MAR2018.pdf](http://www.orienteerumine.ee//eol/failid/2018/EOLvoistlusreeglid_2018_korrigeeritud14MAR2018.pdf)

On September 29th, WRE in MN21E follows International Orienteering Federation foot orienteering competition rules:

<http://orienteering.org/wp-content/uploads/2010/12/IOF-Rules-2018-v1.14final.pdf>

## TERRAIN AND MAP

Forest covers approximately 90% of the terrain. Runnability is mainly good. In the northern part of the terrain, there are areas with young forest and open areas, which have mainly bad runnability. Height difference is up to 25m. There are many marshes with different size and often unclear borders.

The map was used during Estonian championships in ultralong distance, in 2016.

Map: 2016011. Map author Madis Oras.

Last corrections: summer 2018

Map scale: 1:10 000 or 1:15 5000, h=2,5m.

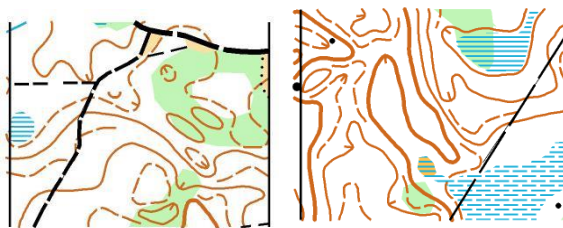
Children's courses (MW8NR, 9NR, 10TR, 12TR) have a map scale 1:5 000.

## EMBARGOED AREA

Participants who will compete in WRE are prohibited to enter the competition terrain before the race.

<http://www.orienteerumine.ee/kaart/db/kaart/2016011.gif>

## MAP SAMPLE



Maps are in closed plastic bags.

## START

The road to the start is marked with signs blue-white ribbons.

**Saturday, 29.09:** Start 1 and Start 3 – 900m, Start 2 – 700m from competition centre, direction south-west.

**Sunday, 30.09:** Start 1 – 1000m, Start 2 – 1200m and Start 3 – 400m from competition centre, direction south-west.

Pre-start 3min.

Extra legends are provided in the start.

**Start interval:**

Day 1 – 3 minutes in MW21E (WRE), 2 minutes in all the other classes.

Day 2 – 2 minutes.

A competitor has to take his/her own map at the start moment. Please be careful and take the map from the correct bucket.

M – men

N – women

**Participants who start from Start 3 – (MN8NR, 9NR, 10TR, 12TR, open course) will not receive a start time.** They can choose their own start time. There will be organizers to help and instruct children.

**The start 3 is open: 13.00-15.00 on Day 1, 10.00-12.00 on Day 2.**

**REFRESHMENT CONTROLS**

Longer courses will have refreshment points on Day 1.

Distance from the start:

M21E	4,3 km, 7,9 km and 11,4 km
W21E, M21A, M20 ja M35	3,2 km and 6,8 km
M18, W21A, M40, M21B, M45 ja M50	3,5-4,5 km

**PUNCHING SYSTEM**

SPORTident punching system.

Rent: 1,5 EUR/day.

It costs 1 EUR to change the SI card number after the registration deadline.

**MAXIMUM RUNNING TIME**

Day 1 – 180 minutes, Day 2 – 150 minutes

**FINIŠ**

Finish is at the competition centre. Competitors have to punch at the finish line. Rented SportIdent Cards have to be returned to the organizers after the finish. Maps will be collected at the finish and returned after the last starter.

**COMPLAINTS AND PROTESTS**

Complaints and protests should be submitted to Mare Parve at information tent not later than 15min after the last finisher of the class.

**DANGEROUS AREAS**

### **Please be careful when crossing a road, which is open traffic!**

On Day 1, the course from the last control point to the finish will cross a road which is open for traffic. There will be organizers who look out for cars, but **we ask all competitors to pay good attention!**

### **ENTRY FEES**

MW8-18	5 EUR/day
MW20, MW65+, open	8 EUR/day
MW21-MW60	13 EUR/day
MW21E	15 EUR/day

It is possible to make the entry to the open course at the competition center. There is no fixed start time for participants at open course.

Training map costs 3 EUR. Registration for the training is via Osport or via raul48@hotmail.com.

### **PARKING**

Close to the competition center. Parking fee 1EUR/day.

### **GPS**

There is a GPS tracking in MW21E classes. Competitor will receive the GPS device from the start. The list of competitors wearing GPS will be published before the race.

### **COMPETITION NUMBERS**

Each competitor will have a number, which should be attached to the front side of the running shirt. Numbers are available at the competition center. **Competitors should bring their own safety pins!**

**Competitors who haven't paid the start fee will receive the number from the info tent, after the payment.**

It is forbidden to cut the number!

### **PRIZE GIVING**

Winners of the first day will get a small prize.

For the final prize giving, times of the two days will be summed. TOP 3 of each class will be awarded with a prize from Suunto. If there are classes with less than 3 participants, each participant in this class will receive a prize.

Each participant in MW8 and MW9 class will receive a small prize.

### **TUALETID JA PESEMINE**

There are toilets at the competition centre and on the way to the start. There is a shower in the competition centre.

### **CHILDREN CARE**

There is a supervised children care at the competition centre.

### **MEDICAL HELP**

Medical help will be provided close to the information tent.

## **SHOPS**

Food (Kriisa talo kohvik) and sport shops (Matkasport, Suunnistajan Kauppa, Skvaier, etc) will be at the competition centre.

## **ACCOMMODATION**

Värška sanatoorium and SPA

[www.spavarska.ee](http://www.spavarska.ee)

Räpina hotell

[www.rapinahotell.ee/](http://www.rapinahotell.ee/)

Värška Gymnasium, hard floor accommodation 3 EUR/öö +372 5101906

[www.visitsetomaa.ee](http://www.visitsetomaa.ee), [www.visitvoru.ee](http://www.visitvoru.ee), [www.visitpolva.ee](http://www.visitpolva.ee)

## **INFO:**

Home page: [www.peko.ee](http://www.peko.ee)

Facebookis: Värška OK Peko and Suunto Games in Estonia

Questions regarding registration: [einar@sesame.ee](mailto:einar@sesame.ee)