

The Competition Rules for the BALTIC ORIENTEERING CHAMPIONSHIPS 2023

1. General

1.1. The Baltic Orienteering Championships in foot orienteering (BOC) is the official event to award the titles of the Baltic Champions in foot orienteering.

1.2. BOC is organized by the appointed Federation:

2023 – Estonian Orienteering Federation,
2024 – Lithuanian Orienteering Federation,
2025 – Latvian Orienteering Federation,
2026 – Estonian Orienteering Federation.

1.3. The BOC official program consists of a long distance competition (in case of very good terrain organizer can offer middle distance for M/W 21 however for juniors should be long distance) and a relay.

1.4. The organizing federation must enter the long (or middle) distance competition as World Ranking Event.

1.5. Competition rules for IOF foot orienteering events shall be applied at the BOC.

1.6. Additional regulations which do not conflict with these rules and Competition rules for IOF Foot orienteering events may be proposed by the organizer. The additional regulations need prior approval of the Lithuanian, Estonian, and Latvian Orienteering Federations.

2. Participating federations

Latvia, Estonia and Lithuania.

3. Classes

3.1. Individual long distance competition:

W14, W16, W18, W20, W21

M14, M16, M18, M20, M21

3.2. Relay:

W16, W20, W21

M16, M20, M21

4. Participation

4.1. Each competitor shall have full citizenship of the country that he or she represents.

4.2. Each federation may enter a team of up to 56 competitors – up to 28 women and 28 men – and up to 5 officials of the team.

The maximum number of members in each class is determined as follows:

Class	Competitors	Class	Competitors
W14	4	M14	4
W16	5	M16	5
W18	5	M18	5
W20	4	M20	4
W21	10	M21	10

Participation in individual race

4.3. The individual distance in classes W21E and M21E is an World Ranking Event (WRE) and the entry to those classes is open for any elite competitor. Citizens of RUS and BLR are not allowed to participate in BOC2023.

4.4. In groups MW14, 16, 18, 20 it is allowed to have in the team up to 6 individual runners altogether but not more than 2 individual runners in one group.

Youth individual runners should be entered on a national team entry form, and they should be separately marked as non-team/individual runners.

4.5. In the individual long distance competition classes W20 and M20 shall not compete on the same courses for classes W21 and M21 respectively.

Participation in relay

4.6. In the relay, each federation may enter up to 3 teams in every class. In addition in classes W21 and M21, each federation may enter one more team of non-team runners for extra fee. Each relay team shall consist of 3 members. Non-team runners' teams do not compete for BOC medals and do not hold the team score points.

Individual runner in groups MW14, 16, 18, 20 can replace relay team runner in case of injury or illness. In this case the team with individual member will count as normal team.

4.7. If a federation is unable to make up complete relay teams, it may form incomplete teams or mixed teams with team-runners from other federations without additional fee. Mixed teams do not compete for BOC medals and do not hold the team score points.

5. BOC dates and program

5.1. BOC shall be held in May or in the beginning of June. The event dates are suggested by the organizing federation and approved by other participating federations.

5.2. Event program:

Friday

Arrival and accreditation

Model event

Saturday

Opening ceremony
Individual long (or middle) distance competition
Prize-giving ceremony (long distance)
Social events
Team official's meeting

Sunday

Relay competition
Prize-giving ceremony (relay)
Departure

6. Information about BOC

6.1. Information from the organizer shall be given in the form of bulletins.

6.2. Bulletin 1 (preliminary information) shall include the following information:

- Organizing club(s) and the names of the event director and controller
- Postal address, telephone number, e-mail address and web page for information
- Dates of competition
- Venue
- A color copy of the most recent version of any previous orienteering map(s) of the competition area(s).

6.3. Bulletin 2 (invitation) shall include the following information:

- All information given in bulletin 1
- Official entry and accommodation forms
- Types and cost of accommodation and food service
- Opportunities for training
- Description of terrain
- Scales and vertical contour intervals of the maps
- Event program
- Winning time and approximate length of each course
- Latest date for all type entries and reservations
- Latest date and address for the payments
- Arriving scheme

6.4. Bulletin 3 (additional event information) shall be published on organizers' webpage at the latest on Friday at 16.00 and shall include the final details of the event information.

6.5. Bulletin 1 shall be published in December of the year prior to BOC. Bulletin 2 shall be published 2 months before the event.

7. Costs

7.1. Team entry fee is 1300 EUR (full team 46-56 runners and up to 6 non-team runners in classes MW14-20), 1000 EUR (less than 45 runners).

The entry fee includes:

- Participation in the competitions and the model event
- Start lists (3 copies per federation)
- Free parking at the competition arenas

Starting fee of relay teams in classes W21E and M21E completed from non-team runners is 45 €/team.

7.2. The rental payment of electronic control card SIAir for one competitor is 3 euros per two days.

7.3. Accommodation and food service should be arranged by the organizer. The costs of accommodation and food service shall be kept as low as possible.

7.4. Late entries may be charged an additional fee.

8. Punching system

The IOF approved electronic punching system must be used.

9. Starting order

9.1. The start draw for the individual long distance competition will be made by WRE rules. Best competitors start at the end.

9.2. The start interval in the long distance competition could be 3 minutes or less. In latter case some kind of forking system (like “butterfly”) has to be used.

10. Team score

10.1. Team score is calculated for each federation by counting up points as follows:

- Long distance

Place	MW21 (up to 30 runners)	MW20 (up to 12 runners)	MW18 (up to 15 runners)	MW16 (up to 15 runners)	MW14 (up to 12 runners)
1.	50	30	30	30	25
2.	45	27	27	27	22
3.	42	25	25	25	20
4.	40	24	24	24	19
5.	39	23	23	23	18
6.	38	22	22	22	17
7.	37	21	21	21	16
8.	36	20	20	20	15
9.	35	19	19	19	14
10.	34	18	18	18	13
11.	33	17	17	17	12
12.	32	16	16	16	11
13.	31		15	15	
14.	30		14	14	
15.	29		13	13	
16.	28				
17.	27				
18.	26				
19.	25				
20.	24				
21.	23				
22.	22				
23.	21				

24.	20				
25.	19				
26.	18				
27.	17				
28.	16				
29.	15				
30.	14				

• **Relay**

Place	MW21	MW20	MW16
1	120	60	45
2.	90	45	36
3.	60	30	28
4.	50	25	22
5.	40	20	16
6.	30	15	10
7.	20	12	9
8.	15	10	8
9.	12	9	7

10.2. An overall team score is calculated for each federation as the total sum of points achieved in long distance and relay.

10.3 In the case of tie sum the final placement will be determined using the following criteria in order of priority:

- 1) sum of points achieved in relay;
- 2) count of 1st places both in long distance and relay;
- 3) count of 2nd places both in long distance and relay;
- 4) count of 3rd places both in long distance and relay;
- 5) etc.

11. Prizes

11.1. In the long distance competition the first three competitors of each class are awarded medals and certificates, also prizes are presented to the winners of each class.

11.2. In the relay, each individual member of the team receives the appropriate medal and certificate.

11.3. The best team according to the team score results receives the cup.

11.4. All prizes, medals, certificates and the cup must be provided by the organizer.

12. Jury

12.1. The jury consists of 3 voting members by one of each participating federation. The event controller leads the jury but has no vote.

12.2. Decisions of the jury are final.

13. Public events

13.1. The Baltic Masters Orienteering Championship or other public events may be held together with BOC by the decision of organizers.